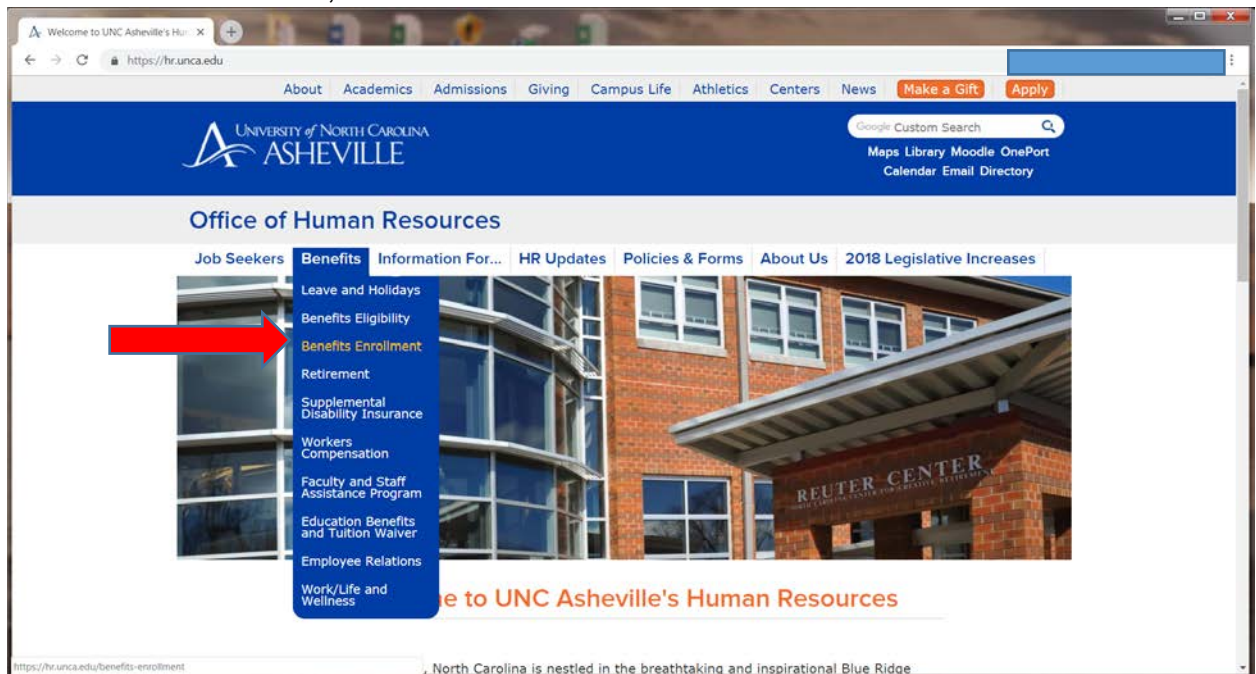


How to Select or Change your Primary Care Provider (PCP)

1. Go to: <https://hr.unca.edu/benefits-enrollment>
2. Go to the Benefits Tab, then Benefits Enrollment:



3. Click on the **Benefits Enrollment** button, use your UNCA computer login or Oneport login:



Benefits Enrollment

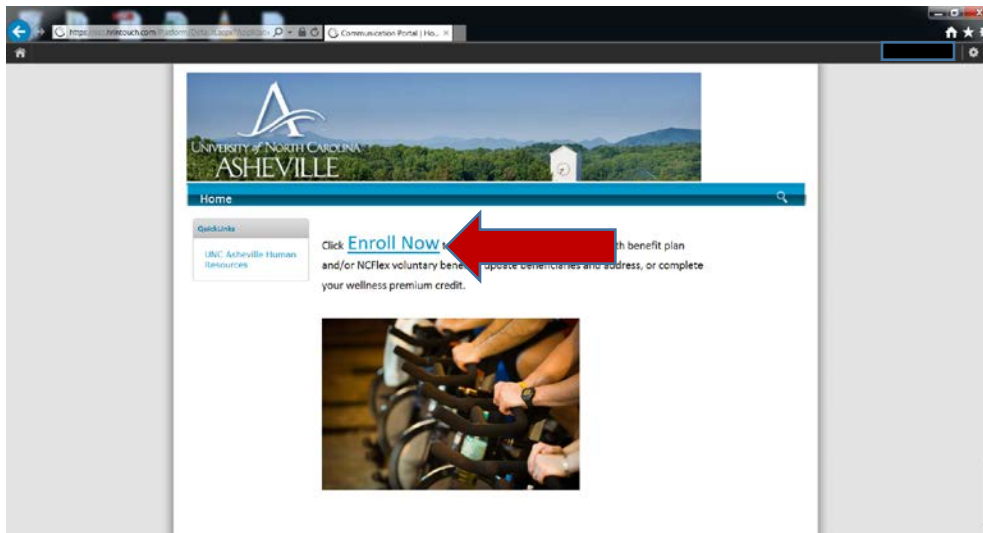
UNC Asheville offers medical insurance through the North Carolina Blue Cross Blue Shield State Health Plan and supplemental insurance policies through the NC Flex program.

⚠ To enroll in or make benefit changes, click the button below:



Your username and password will be the same information you use to access your UNC Asheville computer/email or OnePort login.

4. Then click on the **Enroll Now:**



5. Click on **Select or Update Primary Care Provider:**

Profile

Benefits

Dependents

Language Preferences

Manage Account

Login Information

Medicare

Life Change

Select or Update Primary Care Provider

My Docs

Document Center

Confirmation Statement

Have you experienced a life change that requires you to edit

Whether you have recently had a baby or experienced another event that requires you to edit your benefits, we are here to help. Let us know in order to ensure that your coverage best fits your needs.

Get Started >

Benefits Snapshot

Open Enrollment Benefits | Current Benefits

Medical \$50.00 Monthly
80/20 PPO Plan | Employee Only | Effective as of 01/01/2019

NCFlex Health FSA
Coverage Declined

Dependent Day Care FSA
Coverage Declined

6. You may get a message about PCP Copay Reduction just hit the X to close the message.

University of North Carolina | Medical | North Carolina

https://nc.secure-enroll.com/member/control/memberAction/method=naviagetatePCPage

State Health Plan | NCFLEX

PCP Copay Reduction Reminder X

If you enroll in the 80/20 plan and visit your selected PCP, you can receive a copay reduction. Visit the State Health Plan website for more information.

- State Health Plan Website

Search from the list of providers to enter your PCP (Primary Care Provider)

PCP Name

Search

PCP Copay Reduction Reminder

Next Cancel

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Questions? Please call 855-859-0966 Monday through Friday, 8:00 a.m. to 5:00 p.m. ET Low Vision? Enable high contrast mode

7. Then select **Search** to go to the BlueCross/BlueShield of NC webpage:

A screenshot of a web form for searching for a Primary Care Provider (PCP). The form has a header with the text "Search from the list of providers to enter your PCP (Primary Care Provider) information." Below this is a search bar with a "Search" button. A black arrow points to the "Search" button. To the right of the search bar is a field labeled "PCP Name". Below the search bar is a notification box that says "PCP Copay Reduction Reminder". At the bottom of the form are two buttons: "Next" and "Cancel".

8. If you do not already know the provider/facility you want, you can also **search for one**. **Select the location** you would like to search. Make sure your My Health Plan states North Carolina State Health Plan.

A screenshot of the "In-Network Provider Finder" page. The top navigation bar includes the BlueCross BlueShield of North Carolina logo, a search bar with the text "Search doctors, hospitals and more", and a "Search" button. Below the search bar is a dropdown menu showing "MY HEALTH PLAN" and "North Carolina State Health PL...". A red circle highlights this dropdown menu, and a red arrow points to it. To the right of the dropdown menu is a "MY LOCATION" field showing "27609 - North Hills, NC" with a black arrow pointing to it. Below the navigation bar is a banner with the text "Welcome to Your In-Network Provider Finder" and a background image of a doctor talking to a family. Below the banner are three blue buttons with white text and right-pointing arrows: "Adult Primary Care", "Pediatric Primary Care", and "Women's Primary Care".

9. Select the applicable specialty.

Welcome to Your In-Network Provider Finder

Use search above to find in-network care.
Click on the tiles below to navigate and learn about your PCP options.

Find a Doctor or Facility
[View All Specialties](#)

Adult Primary Care >

Pediatric Primary Care >

Women's Primary Care >

10. Once you have found the Doctor you are looking for be sure the provider accepts North Carolina State Health Plan under Networks Accepted. You would need to click on Affiliations:



Sara G Caldwell, MD

Internal Medicine

Select as Your PCP

LOCATION

Asheville Internal Med

60 Livingston St Ste 200, Asheville, NC 28801

[Get directions \(1.6 mi away\)](#)

CONTACT INFORMATION

Phone: 828-253-4851

✓ Accepting New Patients

☆☆☆☆☆ [Be the First to Review >](#)

 [2 Affiliations >](#)

 [1 Award >](#)

 [Completed Education in 2016 >](#)

11. Then scroll until you see Plans Accepted be sure the doctor accepts North Carolina State Health Plan:


Plans Accepted

 Blue Advantage

 Blue Care

 Blue Options

 Blue Select

 Blue Value

 Classic Blue

  North Carolina State Health Plan

Affiliated Facilities

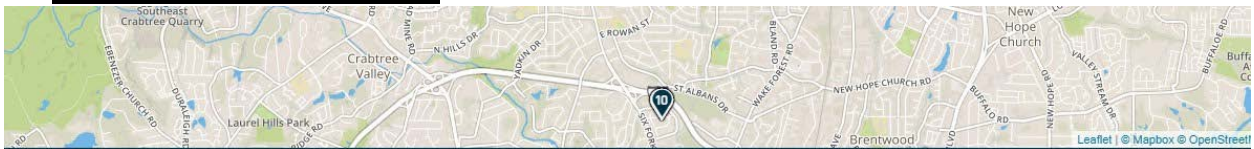
Medical Group Affiliations

Asheville Internal Med



Hospital Affiliations

Mission Hospital Inc

12. Then click on **Select as PCP**. **NOTE: some doctors' practice in multiple office locations be sure to select the correct address for your doctor to get the PCP copay reduction.**





1,517 results for Adult Primary Care

 **Henry J Vanpala, MD** PCMH Be the first member to review  Select as PCP
Internal Medicine 2 AWARDS
1 North Hills Internal & Intergrative [0.7 miles away]
4822 Six Forks Rd Ste 104, Raleigh, NC 27609
919-977-1675

 **Howard W Newell Jr, MD** PCMH Be the first member to review Select as PCP
Internal Medicine 2 AWARDS
2 Boylan Healthcare [0.8 miles away]
3900 Browning Pl Ste 101, Raleigh, NC 27609
919-781-9650
1 more location

 **Charley W Lane, PA** PCMH Be the first member to review Select as PCP
Physician Assistant 1 AWARD

Compare side-by-side
Compare any results by selecting them at left.

Best Match ?   

Refine your results Reset All

Basic

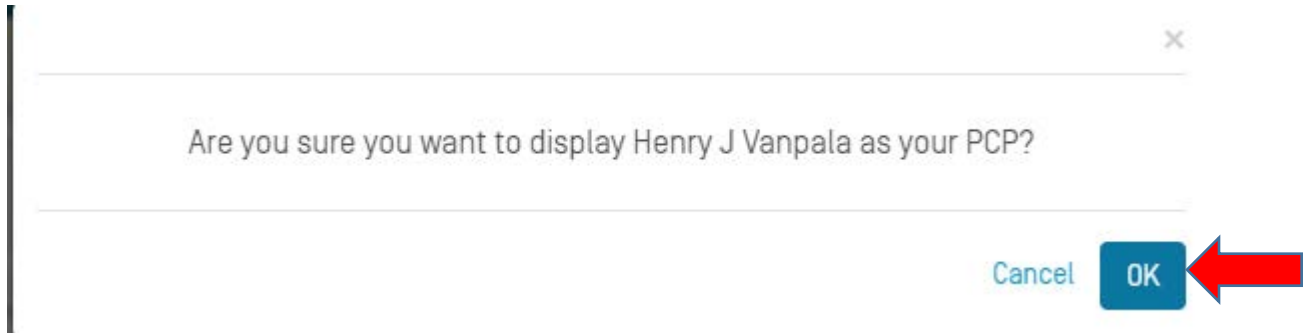
- Within 25 miles [1,517]
- Accepting new patients [1,272]
- Any gender
- Any rating
- Any language

Patient Centered Medical Homes

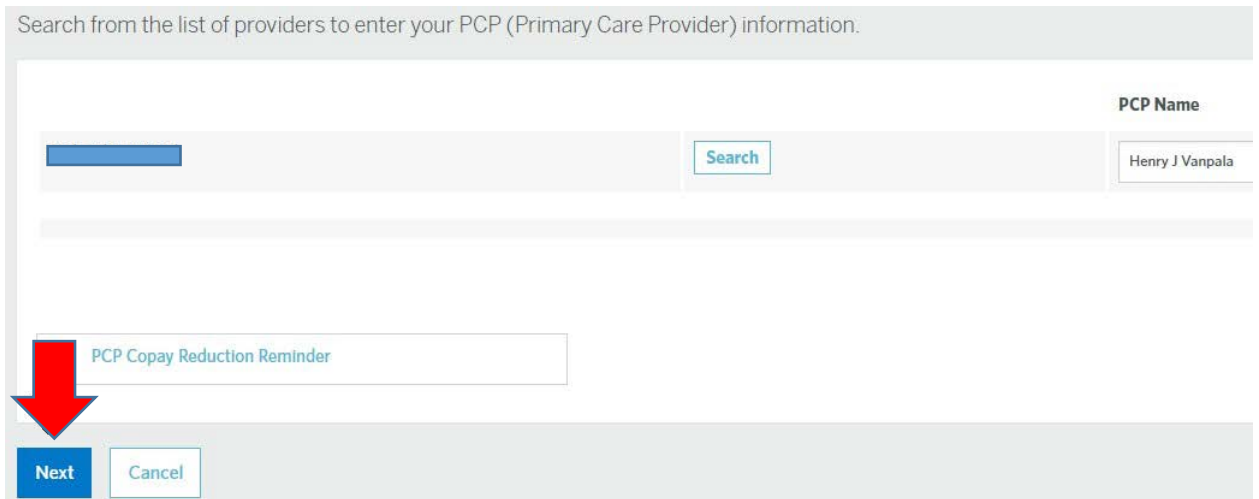
Any Patient Centered Medical Homes [1,517]

Specialties

13. Select OK.



14. This will bring you back to eEnroll with this provider now listed as your PCP, click Next:



15. Click **Next** on the Provider Summary page:

Provider Summary

	PCP Name
	Henry J Vanpala

Next Previous Cancel

16. Select **Next** on the Tobacco Attestation page:

> **Tobacco Attestation (Worth \$60 Premium Credit)**

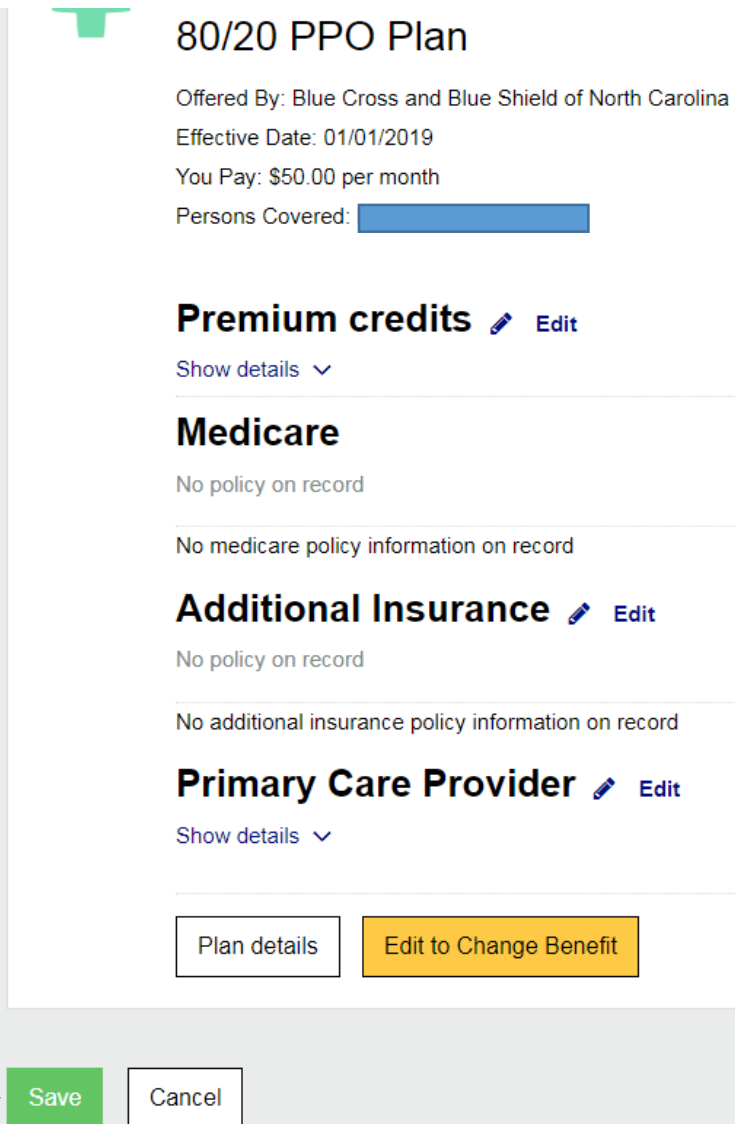
I attest that I am **NOT** a tobacco user, or if I am a tobacco user, I agree to visit a CVS Minute Clinic for at least one tobacco cessation counseling session. (Please note: You may lose your individual \$60 monthly premium credit if you do not visit a CVS Minute Clinic 90 days after the last day of Open Enrollment or from your initial enrollment date.) As part of this attestation, I understand that making a false statement, representation or attestation could result in my termination from State Health Plan coverage. I also agree to cooperate with the Plan in any efforts to verify my tobacco status.

Select the appropriate response below:

- I am NOT a tobacco user
- I AM a tobacco user, BUT I agree to visit a CVS Minute Clinic for at least one tobacco cessation counseling session within 90 days after the last day of Open Enrollment or from my initial enrollment date.
- I AM a tobacco user


Next Previous Cancel


17. Select Save on Medical Summary page:



80/20 PPO Plan

Offered By: Blue Cross and Blue Shield of North Carolina
Effective Date: 01/01/2019
You Pay: \$50.00 per month
Persons Covered:


Premium credits  [Edit](#)

[Show details](#) 

Medicare


No policy on record


No medicare policy information on record

Additional Insurance  [Edit](#)


No policy on record

No additional insurance policy information on record

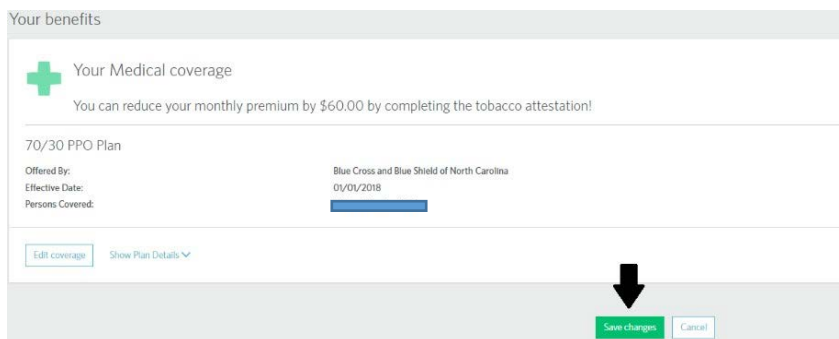
Primary Care Provider  [Edit](#)

[Show details](#) 


[Plan details](#) [Edit to Change Benefit](#)

 [Save](#) [Cancel](#)

18. Don't forget to save your selections when you are finished. Click Save Changes:




Your benefits


 Your Medical coverage

You can reduce your monthly premium by \$60.00 by completing the tobacco attestation!

70/30 PPO Plan

Offered By: Blue Cross and Blue Shield of North Carolina
Effective Date: 01/01/2018
Persons Covered:

[Edit coverage](#) [Show Plan Details](#) 

 [Save changes](#) [Cancel](#)