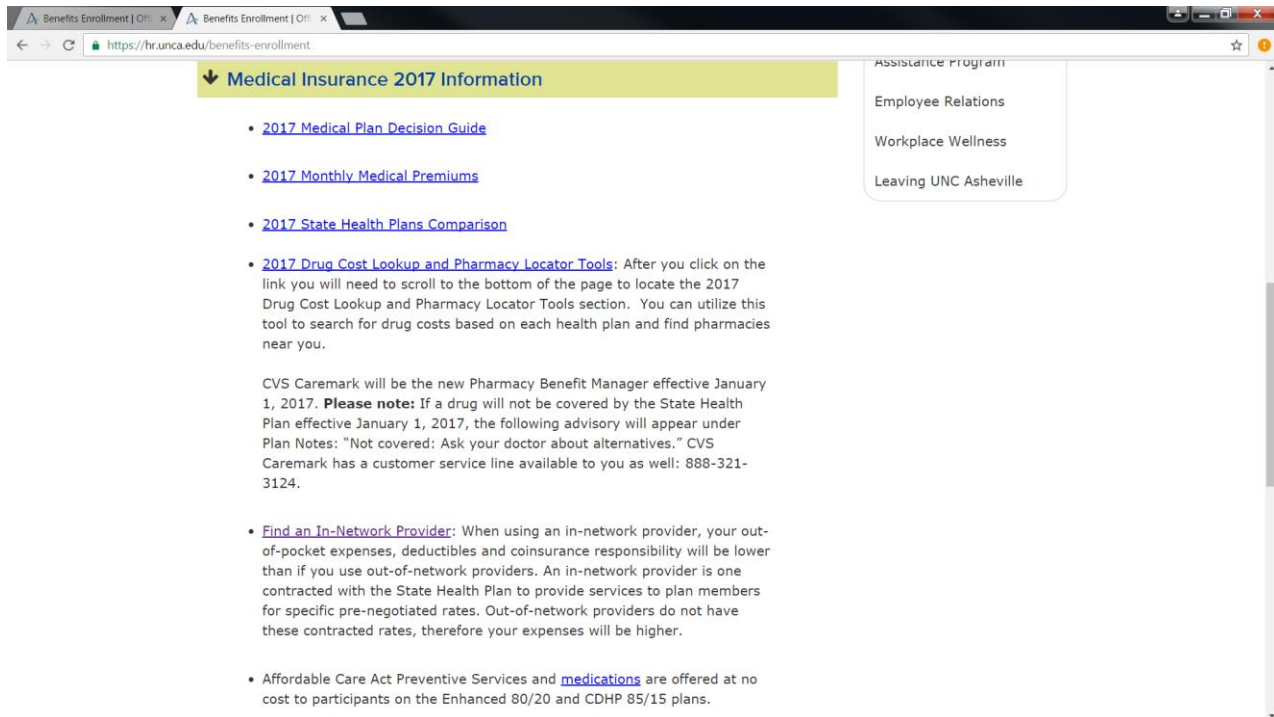


## How to Find an In-Network Provider

1. Go to <https://hr.unca.edu/benefits-enrollment>
2. Scroll down and click on Medical Insurance 2017 Information:



3. Click on:
  - [Find an In-Network Provider](#): When using an in-network provider, your out-of-pocket expenses, deductibles and coinsurance responsibility will be lower than if you use out-of-network providers. An in-network provider is one contracted with the State Health Plan to provide services to plan members for specific pre-negotiated rates. Out-of-network providers do not have these contracted rates, therefore your expenses will be higher.
4. On the Find a Doctor Link page select a plan:
  - [Enhanced 80/20 Plan for Active Employees](#)
  - [Consumer-Directed Health Plan \(CDHP\) for Active Employees \(85/15 Plan\)](#)
  - [Traditional 70/30 Plan for Active Employees](#)

**North Carolina State Health Plan**  
FOR TEACHERS AND STATE EMPLOYEES  
A Division of the Department of State Treasurer

Home > Find a Doctor

**State Health Plan for Teachers and State Employees**  
**Find a Doctor**

Online resources are available to help you find a doctor. Based on your plan, you may have additional resources available. Select your health plan from the options below to access your Find a Doctor tools:

**Plans for Active Employees**

- Enhanced 80/20 Plan for Active Employees
- Consumer-Directed Health Plan (CDHP) for Active Employees
- Traditional 70/30 Plan for Active Employees
- High-Deductible Health Plan (HDHP) for Active Employees

**Plans for Retirees**

**Plans for Medicare Retirees**

- Humana Base Plan for Medicare Retirees
- Humana Enhanced Plan for Medicare Retirees
- UnitedHealthcare Plan for Medicare Retirees
- UnitedHealthcare Plan for Medicare Retirees
- Traditional 70/30 Plan for Medicare Retirees

**Plans for Non-Medicare Retirees**

- Enhanced 80/20 Plan for Non-Medicare Retirees
- Consumer-Directed Health Plan (CDHP) for Non-Medicare Retirees
- Traditional 70/30 Plan for Non-Medicare Retirees

Enroll Now | Find a Doctor | My Personal Health Portal | Health Benefits Estimator | Rate Calculator | Member Login

Silverlight was blocked because it is out of date and needs to be updated. What's the risk? [Update] [Run this time]

5. Select a plan type:

Benefits Enrollment | Find a Doctor | Find a Doctor or Facility

www.bcbnsnc.com/content/providersearch/index.htm?network=SPPO#/doctor

About BCBNSNC | Find a Doctor | Find a Drug | Careers | Contact Us

**BlueCross BlueShield of North Carolina**

**FIND A DOCTOR, DRUG OR FACILITY**

Already a Member?

Find a Doctor or Facility | Find a Drug or Pharmacy

**Find a Doctor or Facility**  
Start by selecting a plan type

Individuals, Families & Groups | Dental | Medicare

Additional Plan Information

Substance Abuse Services for Blue Local Duke/WakeMed Members

[+] Feedback

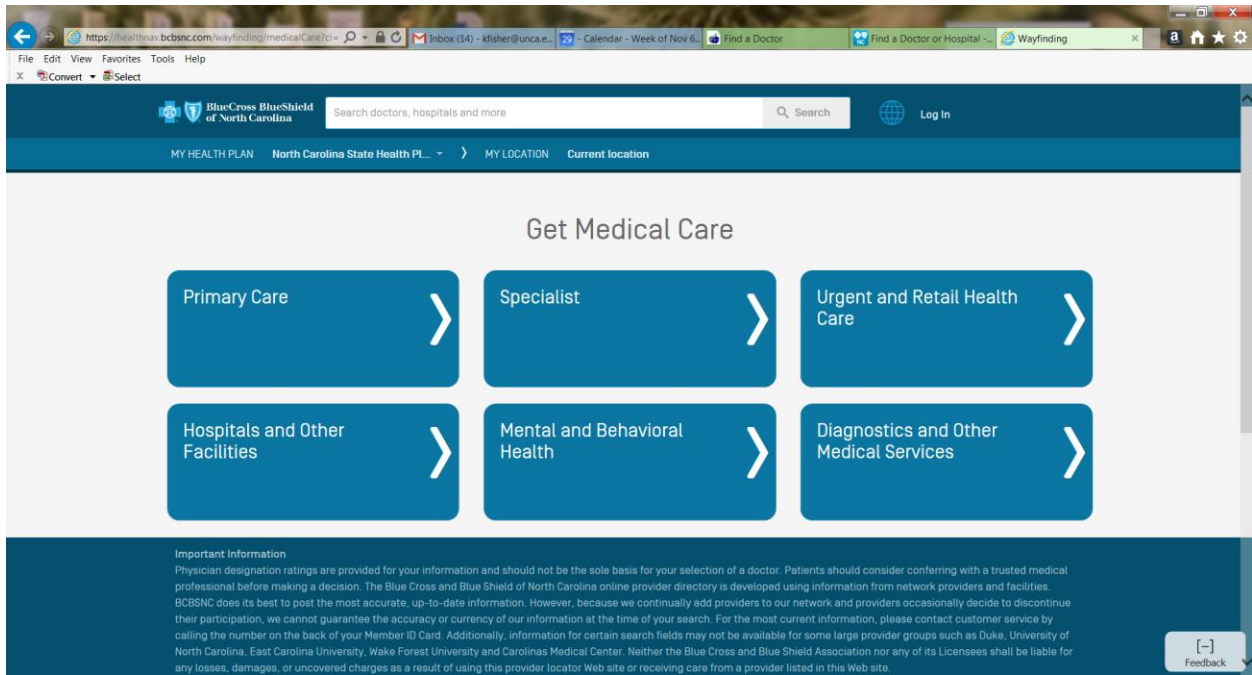
### 6. Select North Carolina State Health Plan:

The screenshot shows the BlueCross BlueShield of North Carolina website. At the top, there is a navigation bar with links for 'About BCBSNC', 'Find a Doctor', 'Find a Drug', 'Careers', and 'Contact Us'. Below this is a search bar and a large banner that says 'FIND A DOCTOR, DRUG OR FACILITY'. There are two main tabs: 'Find a Doctor or Facility' and 'Find a Drug or Pharmacy'. Under the 'Find a Doctor or Facility' tab, a dropdown menu is open, listing various plan options. A red arrow points to 'North Carolina State Health Plan'. Below the dropdown is a 'Search' button. To the right, there is a 'Choose a different plan' button and a note: 'If you have a BCBSNC plan, you'll find the name of your plan at the top of your Member ID card.' A sample Member ID card is displayed, showing subscriber information for 'JOHN DOE' and 'JANE JANE', including group and plan details.

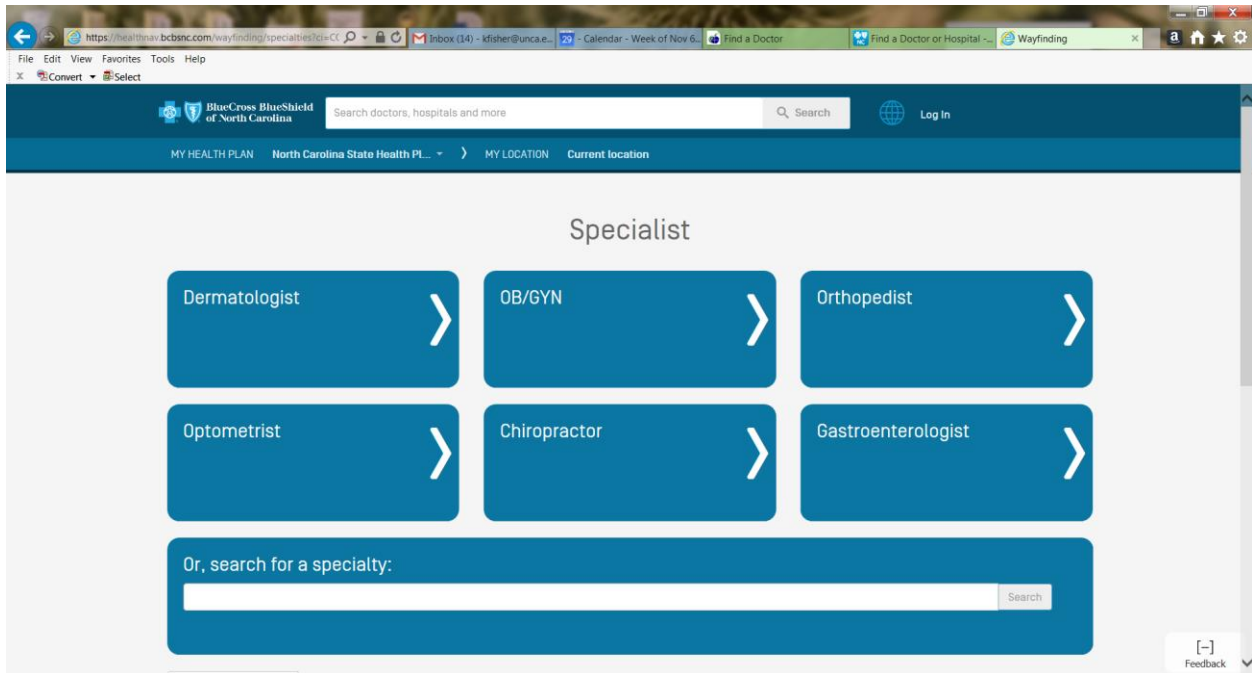
### 7. Select Get Medical Care:

The screenshot shows the BlueCross BlueShield of North Carolina website's 'In-Network Provider Finder' page. The header includes the BlueCross BlueShield logo, a search bar, and a 'Log In' button. Below the header, there is a navigation bar with 'MY HEALTH PLAN' and 'Blue Care' selected. The main content area features a large image of a doctor talking to a family. Below the image, the text reads 'Welcome to Your In-Network Provider Finder' and 'Use search above to find in-network care. Click on the tiles below to navigate and learn about your care options.' At the bottom, there are two large blue buttons: 'Get Medical Care' and 'Get Dental Care', both with right-pointing arrows. A 'Feedback' button is located in the bottom right corner.

### 8. Select Primary Care or Specialist:



### 9. Select a Specialist:



### 10. Gastroenterologist the Green Box under each specialist's name indicates Blue Options Low Cost & High Quality Specialist:

27 results for Gastroenterologist

Name	Specialty	Low Cost & High Quality	Provider Status	Awards
Michael K Newcomer, MD	Gastroenterology	Yes	PROVIDER NOT YET REVIEWED	NO AWARDS
James C Rholl, MD	Gastroenterology	Yes	PROVIDER NOT YET REVIEWED	NO AWARDS
Brian P Garvin, MD	Gastroenterology	Yes	PROVIDER NOT YET REVIEWED	NO AWARDS
Charles W Shrode, MD	Gastroenterology	Yes	PROVIDER NOT YET REVIEWED	NO AWARDS

Compare side-by-side  
Compare any results by selecting them at left.

Distance: [Dropdown]

Refine your results [Reset All]

**Basic**

- Within 25 miles (27)
- Accepting new patients (26)
  - Any gender
  - Any rating
  - Any language

**Tiers/Designations**

Any tier/designation (27)

**Specialties**

- Any specialty
- Any expertise

**Affiliations**

- Any hospital affiliations
- Any medical group affiliations

[Feedback]